

3 Hidden Relationship Killers & How to Fix Them



Yashica's Intuition
Readings Reiki & Beyond

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WELCOME

the perfect time for a more fulfilling
relationship is now

You go along with the game of life playing the game just as you were told to play it. You are educated & successful. You have a good head on your shoulders and to those on the outside looking in, you appear to have your shit together. And for the most part you do..... except for one thing.... your relationships never seem to be quite fulfilling enough. You give your all hoping that if you try hard enough and hang in there long enough, you will finally get to experience the love that you deserve. But after enduring frustration after frustration, no matter how hard you try, no matter how much you pour your heart into your love life, it continues to fall short. I totally understand because I have been thru that struggle.... more than I care to admit.

If this sounds like you, I'm glad that you had the courage to download this report. I have news for you. **YOU ARE NOT ALONE!** I am an intuitive coach and the women I work with are all beautiful, fascinating women just like you. Any man should feel lucky to be in a relationship with them, and YOU. However, in speaking with these hundreds and thousands of women, I notice patterns that cause us to fall victim to suffering in our relationships at one point or another. There are some uncommon universal truths about REAL love that society doesn't want us to accept because it shatters that fairy tale life that we are all taught to believe in. They are the truths that I had to learn the hard way after my "perfect" marriage blew up in my face. After learning these things I am about to share with you, I can now say that I truly understand what it means to be in a REAL loving relationship

If you are ready to receive a different view on love.... one that is free from the bullshit fairy tales that we have been sold (unless that is what you truly want). One that is based on the true nature of human interaction... read on. I am going to share with you the 3 relationship problems that I see in my practice along with action steps to get you closer to real, true love. I promise the sooner you can adopt these universal truths of love, the sooner you can release your pain and suffering in your love life and move forward to create the love life that is for your highest and best good.

Sincerely,

Yashica
Owner & Founder of Yashica's Intuition
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01:

EXPECTATIONS

I'm a woman of high standards and I know you are as well so I would never tell you to lower your standards. I do want to let you know how expectations damage your relationships. Sometimes we have these unspoken assumptions in our head about how situations in our relationships should play out. We can hope for whatever we want from our partner but they have their own values, beliefs and patterns that shape who they are. You can't control that an nor should you try to. Basing your well-being and happiness on how your partner measures up to your assumptions and expectations without clear communication of wants, needs, and boundaries sets you up for disappointment & heartbreak..

SOLUTION: Communicate exactly what your need in your relationship. And I don't mean some vague "I need to feel loved" type of stuff that is confusing and can be misconstrued as nagging when you don't get your needs met. I mean a clear statement such as "It would make me feel more loved if you would kiss me every morning" type of statement. Not only does this eliminate the misinterpretation of what feeling more loved means but it also allows you to take ownership for communicating your needs clearly. The person that you are with, then, has a clear idea of what you need and can choose to show up for you in that way or not.... which would be more telling of the type of relationship you are truly in.



02:

NON-ATTACHMENT

This next problem sounds bleak but please hear me out. The second most common problem I see goes against everything we were taught in this society and it is probably something you are not going to want to hear. It is not honoring the law of non-attachment. Change is inevitable in life and relationships. I believe in marriage and I believe in monogamy, however, in the same breath I believe that because everyone was put on this earth with free will, what seemed like it could last forever one day, can change the next. You can be fearful and cling to what once was or what you hope something could be, or... here is an incredibly freeing way to view your relationship... perhaps you can accept it for what it is in the moment. Enjoy the good and if your relationship seems to have worn out it's welcome then know that it may be ok to let it go. You may think I am advocating abandoning your relationship but I am just asking you to note that if things change, sometimes we cling onto something that no longer reflects where we are in life out of fear, obligation, or whatever. Those are not healthy behaviors in a relationship.

SOLUTION: Recognize that there are no guarantees if a person will be in your life and note that all you have is now. Go all in with awareness and vulnerability, but if your relationship has run its course, maybe it's time to say BYE FELECIA!



03:

KNOW THYSELF

After I had my spiritual awakening (which was glorious BTW), I got these words tattooed on my ribcage. This is one of the best lessons I learned and I saved it for last because it is so serious. I am going to be straight with you. You may have no business being in a relationship because YOU AIN'T READY! I know that's hard to hear but it's the truth.. You still carry around the baggage from childhood and past relationships. You can't articulate what you truly need to be happy and may not even be aware of your needs. You may have low self worth or #trustissues or blah blah blah.. The point is you need to focus on loving yourself, exploring yourself, and getting to know yourself on a deep and intimate level before you even think you are going to be able to manifest any relationship worth it's salt in your outer world. I am not saying that you need to be alone, but I am suggesting that until you are willing to get right with yourself, you should not be entering into deeply intimate relationships with other people. You show up as a whole complete person that complements your relationships. The relationship does not make you whole.

SOLUTION: Meditation and journaling helped me tremendously but that may be too woo-woo for you. My second biggest solution for issues like this would be to get professional help. Sometimes while we are in it we can't see the forest for trees and a professional can help guide you to discover yourself in a safe, supportive environment.



THANK YOU



This report was designed by intuitive coach/ tarot reader/ reiki master/ nurse, Yashica, for women who are tired of pretending like they have to live up to these bullshit fairy tales that society tries to sell us about what constitutes a happy life. It is for women that want to reclaim their love lives and start co-creating an authentic life that makes them feel happy and whole.

As a coach, Yashica is passionate about helping intelligent, motivated women have the tools and the information (both traditional and esoteric) that they need to stop feeling frustrated, overwhelmed, and anxious and start living up to their potential and their deepest desires. She does this in an accurate, direct manner in a safe space free of judgement.

To get more tools and information to help you please visit

www.Yashicasintuition.com



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